USING INTERNS AS A SUPPORT TO YOUR COA

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OBJECTIVES

- Understand how to integrate social workers into Council on Aging organizations
- Demonstrate the benefits of macro projects for social work interns and COA's and the impact they have on the community
- Identify how to integrate social work theory into clinical case management at COA's

AND MORE...

- Advantages and challenges
- Time requirements
- Training is key
- Collaborations with colleges
- Types of interns- social work, marketing, business admin.
- Quantity of interns

Field Instructor Roles Supervisors – See Terms Har

Supervisors – See Terms Handout Page 2

- Associate social work license not required
- Bachelors LSW
- Master's LICSW
- Adequate space and facilities
- Direct supervision 1 hour weekly
- Social Work interns require specific competencies to master during their internship
- Social Work Theories



Intern Pre-post Interviews This Documentary will cover interns perspectives on placement. https://www.youtube.com/watch?v=mrv_KG6VDns&feature=em-share_video_user Why did you chose a senior center for your placement? What were your expectations coming to this placement? What are some of the emotions you are experiencing? What do you hope to accomplish or gain from this placement? An ideal supervisor would be....?

Advantages

- Ability to serve more seniors more critically
- Programming/grant funding GROWTH
- Easy on the budget
- Learning and growth enjoyed by both intern & supervisor
- Potential candidates to hire
- Strong partnerships with colleges
 - Training opportunities
 - Networking

Challenges

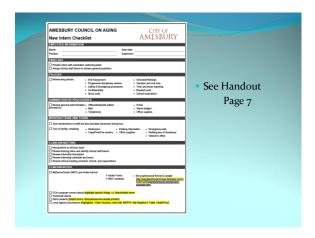
- Planning can be disrupted by the unexpected
- Space? One vs. many
- Time? Invest early for long term benefits
- Supervision is not therapy; where to draw the line
- Saying good-bye

Time Requirements

- Supervision 1 hour weekly
- College 1-2 hours before semester
- Training- 1-2 days orientation
 - 1 hour/semester spent scheduling in service training
 - Increase in training = decrease in time spent on intern questions
- Other

Training Orientation for multiple interns before start date- is it possible? Policies and procedures Operations Outreach and community resources Individually based on degree, skill level, personality, situational See Training Guide Creator Handout Page 5





Orientation Week 1 continued... **Technical**

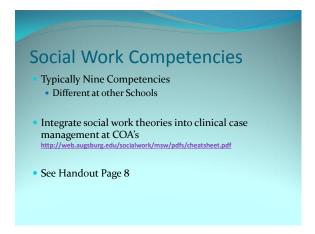
- Computer use
- Voicemail
- Client software (MSC)
- Email logon
- Managing schedule
- Public data storage (F drive)
- Differences multiple vs. one intern

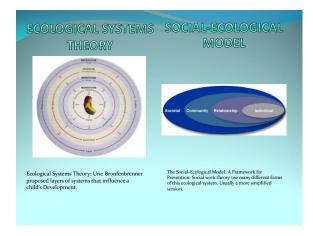
Orientation Week 2

- Overview of services and organizations
- Overview of COA activities and resources
- Discuss individual and/or group supervision scheduling
- Complete learning agreement

SUPERVISION

- 1 hour/week individual
- 1 hour/week group beneficial
- Clear boundaries and expectations set
- Connecting theories with practice
- Use your college field supervisor to support you
- Meaningful, rich experience





Macro Projects Use ecological levels in social work to choose macro project List of ideas in advance based on COA needs Think about collaborations within community. Where are the gaps? Educate intern on options

NISC/NCOA Accreditation

Grantwriting

MACRO PROJECT IDEAS Develop/update resource guide (veteran and senior) Develop seasonal raking/shoveling program Women's support group Homeless count Develop/implement Veteran 3 Breakfasts Awareness projects (LGBT, COA, Addiction) Coordinate/implement/facilitate evidence-based programming

Collaborations with Colleges Who? Local colleges within 50 minutes Get title of contact person at colleges When? Start establishing relationship 1 yr ahead Spring intern interviewing for fall semester See Handout Page 9

Collaborations with Colleges Northern Essex Community College Brian Mackenna Rice bmackennarice@necc.mass.edu Salem State University - Susan Goldman sgoldman@salemstate.edu Simmons College Kim Harriman kim.harriman@simmons.edu Boston University Online Program Field Education, SSW sswolpfe@bu.edu SSW field Education Department sswfed@bu.edu SW field Education Department sswfed@bu.edu UMASS Lowell Nicole Champagne nicole_champagne@uml.edu

HANDOUTS Social Work Terms - Page 2 One on One Relationships - Page 3 Partnerships with Associations - Page 4 Training Guide Creator - Page 5 New intern Checklist - Page 7 Competencies & Theories - Page 8 College Contacts - Page 9

Terms

- Field supervisor
- Faculty Liason
- Field Liason
- Site supervisor
- Learning Agreement
- Process recording
- Competencies
- Field evaluations
- Field visit
- Theories

Experienced Intern Interview

Return to Documentary on slide 6

- Do you remember how you felt your first week interning?
- How would you summarize your experience? (successes and challenges)
- What's your advice for those thinking about supervising interns?
- What should an intern expect from a supervisor and the placement itself?
- Would you like to share any comments or stories that made an impact on you?

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